

## **2023 Summit Health Guide to Preventive Visits**

Preventive visits provide opportunities to manage overall health by screening for new problems and managing chronic conditions. Summit Health patients have coverage for three different preventive visits at <u>no cost</u> when completed with an in-network provider and billed with a Centers for Medicare and Medicaid Services (CMS) preventive diagnosis code. The 2023 Medicare Advantage Primary Care Incentive Program (MAPCIP) offers an incentive payment to providers for the completion of wellness visits.

	Initial Preventive Physical Examination (IPPE) or the "Welcome to Medicare" preventive visit	Annual Wellness Visit (AWV)	Annual Physical Exam
Frequency	Once within the first 12 months of effective date for Medicare Part B	Once per calendar year	Once per calendar year
Coding	G0402 – G0405	G0438 – G0439, G0468, 99497 – 99498	99381-99387, 99391- 99397
Components	<ul> <li>Health risk assessment</li> <li>Medical and social history</li> <li>Depression assessment</li> <li>Cognitive, functional and safety assessment</li> <li>Vitals and other routine measurements</li> <li>Establish personal prevention plan</li> <li>Eligible for telehealth</li> </ul>	<ul> <li>Review and update health risk assessment</li> <li>Review and update personal prevention plan</li> <li>Eligible for telehealth</li> </ul>	<ul> <li>Physical exam</li> <li>Vitals and other routine measurements</li> <li>Blood work or lab tests</li> </ul>

## Scheduling a preventive visit

When scheduling with a Summit Health patient, be sure to set clear expectations for their appointment:

- Confirm appointment type(s) and schedule time appropriately:
  - A Welcome to Medicare visit or AWV is an opportunity for you and your doctor to get to know each other before you get sick
  - A Welcome to Medicare visit or AWV can be completed at the same visit with a Physical Exam
- Confirm when to expect a cost share:
  - Summit Health patients have a Welcome to Medicare visit, AWV, and Annual Physical Exam covered at no cost
  - These can also be combined with a problem visit if the patient has certain health concerns they wish to discuss. A cost share would apply if combined with a problem visit or if additional tests or services are conducted during the same visit.
- **Bring** photo ID, Summit Health insurance card, list of current prescription and over-the-counter medications including vitamins and supplements, list of any health concerns or question

601 SW 2nd Avenue Portland, Oregon 97204 YourSummitHealth.com

## Close care gaps at preventive visits

Clinic staff can help to close care gaps by addressing other important quality measures at the wellness visit and ensure that data is captured accurately:

- **Breast Cancer Screening** for members 52 to 74 years old with screening mammography every 2 years
- □ **Colorectal Cancer Screening** for members 45 to 75 years old
  - Annual FOBT
  - Stool DNA every 3 years
  - Flexible-sigmoidoscopy or CT colonography every 5 years
  - Colonoscopy every 10 years
- Osteoporosis Testing and Management for women 67 to 85 years old
  - Bone density test to check for osteoporosis once in their lifetime
  - Prescription drug to treat osteoporosis or bone mineral density test within 6 months of a fracture
- □ **Fall risk management** for members 65 years and older with balance or walking problems or a fall in the past 12 months to discuss the issue and administer fall risk intervention
- □ **Management of Urinary Incontinence** for members 65 years and older with urine leakage in the past 6 months to discuss the issue and treatment options
- □ **Physical Activity** in Older Adults for members 65 years and older to discuss level of exercise or physical activity and administer advice to start, increase, or maintain level of exercise or physical activity
- **Flu vaccinations** for members 65 years older and older annually on or after July 1

## More information

- 1. Visit <u>www.yoursummithealth.com/provider/resources/forms-documents</u> to access the 2023 Summit Health MAPCIP and view the 2023 Summit Incentive Measure Guide
- 2. Contact providerrelations@yoursummithealth.com for questions about billing and coverage
- 3. Contact provider relations@modahealth.com for questions about the 2023 MAPCIP
- 4. Visit CMS to learn more about Medicare Preventive Services at <u>www.cms.gov/medicare/prevention/prevntiongeninfo/medicare-preventive-services/mps-</u> <u>quickreferencechart-1.html</u>
- 5. Visit the Medicare Learning Network to learn more about the different Medicare Wellness Visits at <u>www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/preventive-</u> <u>services/medicare-wellness-visits.html</u>