



## Save More. Live Better.

With the ChooseHealthy® program, offered by your Summit Health plan, you can save more on wellness products and services—and discover new ways to live better every day.

### The program allows you to:

- Get discounts from 10% to 50% on popular health and fitness brands
- Save 25% on services from specialty health care practitioners
- Learn from evidence-based, online health classes and articles offered at no extra cost

Learn more or access these services by logging into your Member Dashboard on **[yoursummithealth.com](https://yoursummithealth.com)**.

Or you can call **877.335.2746 (TTY: 711)**,  
Monday – Friday, 5 a.m. – 6 p.m. Pacific Time.



Please note that the ChooseHealthy program is not insurance. You should check any insurance benefits you have before using this discount program, as those benefits may result in lower costs to you than using this discount program. The ChooseHealthy program provides discounts from participating specialty health care providers. You are obligated to pay for all services from those providers, but will receive a discount from those participating providers for services included in the program. The ChooseHealthy program has no liability for providing or guaranteeing services and assumes no liability for the quality of services rendered. Discounts on products and services available through the ChooseHealthy program are subject to change; please consult the website for current availability.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 877.335.2746 (TTY: 711).

The ChooseHealthy program is provided by American Specialty Health Group, Inc. and ASH Technologies, Inc. (dba ASH Technologies of Delaware, Inc. in the state of Pennsylvania); all are subsidiaries of American Specialty Health Incorporated (ASH). ASH is an independent specialty health organization, offering musculoskeletal health provider networks and programs, fitness center networks and programs, and well-being solutions on behalf of health plans, employers, and other clients.

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